

LONG4LIFE LIMITED
(Incorporated in the Republic of South Africa)
(Registration number 2016/216015/06)
Share code: L4L ISIN: ZAE000243119
(‘Long4Life’ or ‘the Company’)

ACCEPTANCE OF RIGHTS IN TERMS OF THE LONG4LIFE SHARE APPRECIATION RIGHTS PLAN (“SAR”)

In compliance with paragraphs 3.63 to 3.65 of the Listings Requirements of the JSE Limited (“JSE”), notification is hereby given that the following directors of a major subsidiary of the Company have been awarded and have accepted share appreciation rights in terms of the Long4Life SAR (“the Awards”).

These awards will vest in accordance with the rules of the SAR.

Name of director	Brad Moritz
Company	Holdsport Limited
Date transaction acceptance	18 December 2017
Class of security	Ordinary shares
Number of Awards	1 009 501
Nature of transaction	Off market acceptance of Awards
Nature of interest	Direct beneficial

Name of director	Cobus Loubser
Company	Holdsport Limited
Date transaction acceptance	18 December 2017
Class of security	Ordinary shares
Number of Awards	1 009 501
Nature of transaction	Off market acceptance of Awards
Nature of interest	Direct beneficial

The necessary approvals for the above Awards in terms of the Listings Requirements of the JSE, were obtained.

Johannesburg
20 December 2017

Sponsor
The Standard Bank of South Africa Limited