

LONG4LIFE LIMITED

(Incorporated in the Republic of South Africa)

(Registration number 2016/216015/06)

Share code: L4L

ISIN: ZAE000243119

("Long4Life" or "the Company")

APPOINTMENT OF DIRECTORS

In compliance with paragraph 3.59 of the Listings Requirements of the JSE Limited, the board of directors of Long4Life ("the Board") hereby advises of the following appointments to the Board as independent non-executive directors:

Syd Muller

CA (SA)

Syd was formerly the chairman of Woolworths Holdings Limited and a director of other companies in the Wooltru group. He is a director of MMI Holdings Limited and Choppies Enterprises Limited and is also the chairman of the sub-Saharan Africa review board of Air Liquide SA. Since 2007, he has served as the Chairman of Holdsport Limited.

The effective date for Syd's appointment to the Board is 24 October 2017.

Keneilwe Moloko

CA (SA)

Keneilwe started her career as a quantity surveyor and then qualified as a chartered accountant after nearly a decade in the construction industry. She currently serves as an independent non-executive director on the company boards of Brimstone Investment Corporation Limited, Attacq Limited, Fairvest Property Holdings Limited and Holdsport Limited.

The effective date for Keneilwe's appointment to the Board is 1 November 2017.

The Board extends a warm welcome Syd and Keneilwe.

Johannesburg
24 October 2017

Sponsor
The Standard Bank of South Africa Limited