

**LONG4LIFE LIMITED**

(Incorporated in the Republic of South Africa)

(Registration number 2016/216015/06)

Share code: L4L

ISIN: ZAE000243119

("Long4Life" or "the Company")

**TRADING STATEMENT**

In terms of paragraph 3.4 (b) the Listings Requirements of the JSE Limited, companies are required to publish a trading statement as soon as they are reasonably certain that the financial results for the period to be reported upon next will differ by at least 20% from the financial results for the previous corresponding period.

Long4Life shareholders are advised that for the year ended 28 February 2019, earnings per share ("EPS") and headline earnings per share ("HEPS") are expected to be between 37,0 cents and 40,0 cents per share, an increase on the comparative period of between 25% to 35% and 22% to 32% respectively. The comparative period EPS of 29,6 cents and HEPS of 30,2 cents were reported for the eleven months ended 28 February 2018.

The financial information on which this trading statement is based has not been reviewed and reported on by the Company's external auditors. The Company expects to release its audited financial results for the year ended 28 February 2019 on or about 15 May 2019.

Johannesburg

25 April 2019

**Sponsor**

The Standard Bank of South Africa Limited