

LONG4LIFE LIMITED

(Incorporated in the Republic of South Africa)

(Registration number 2016/216015/06)

Share code: L4L

ISIN: ZAE000243119

("Long4Life" or the "Company")

NO CHANGE STATEMENT AND NOTICE OF ANNUAL GENERAL MEETING**No Change Statement**

Shareholders are advised that the Company's Integrated Annual Report for the year ended 28 February 2019 was published on its website, www.long4life.co.za on Wednesday 26 June 2019. The Integrated Annual Report contains no modifications to the audited provisional summarised financial results published on the Stock Exchange News Service of the JSE Limited on 15 May 2019 or the independent external auditors' opinion in respect thereof. The Annual Financial Statements were audited by Deloitte & Touche Inc. and their unmodified audit report is available for inspection at the Company's registered office.

The Notice of Annual General Meeting and Directors' Reports were distributed to shareholders on Wednesday, 26 June 2019.

Annual General Meeting

Notice is hereby given that the Annual General Meeting of shareholders of Long4Life will be held at the Company's offices on the 7th Floor, Rosebank Towers, 13–15 Biermann Avenue, Rosebank, Johannesburg on Tuesday, 20 August 2019. The record date for the purposes of determining which shareholders of the Company are entitled to participate in and vote at the Annual General Meeting is Thursday, 8 August 2019. Accordingly, the last day to trade in Long4Life's shares in order to be recorded in the register to be entitled to participate in and vote at the Annual General Meeting is Monday, 5 August 2019.

27 June 2019

Johannesburg

Sponsor

The Standard Bank of South Africa Limited