LONG4LIFE LIMITED

(Incorporated in the Republic of South Africa)

(Registration number: 2016/216015/06) Share code: L4L ISIN: ZAE000243119

('Long4Life' or 'the Company')

DEALINGS IN SECURITIES

In compliance with paragraphs 3.63 to 3.74 of the Listings Requirements of the JSE Limited ("JSE"), the following information is disclosed in respect of dealings in securities by a director and associates of directors:

Director: Tasneem Abdool-Samad

Associate: Mohammed Hoosen Abdool-Samad

Company: Long4Life Class of securities: Ordinary shares

Nature of transaction: Purchase on the open market

Date of transaction: 2 January 2018

Number of securities: 100 000 Price per security: R4.84

Value of transaction: R483 969.00
Nature and extent of interest: Indirect beneficial

Clearance to deal: Yes

Director: Syd Muller

Associate: The Sydney Muller Family Trust

Company: Long4Life Class of securities: Ordinary shares

Nature of transaction: Disposal on the open market

Date of transaction: 8 January 2018

Number of securities: 550 550 Price per security: R4.71

Value of transaction: R2 593 090.50
Nature and extent of interest: Indirect beneficial

Clearance to deal: Yes

Director: Syd Muller Company: Long4Life

Class of securities: Ordinary shares

Nature of transaction: Purchase on the open market

Date of transaction: 8 January 2018

Number of securities: 550 550 Price per security: R4.71

Value of transaction: R2 593 090.50
Nature and extent of interest: Direct beneficial

Clearance to deal: Yes

Johannesburg 8 January 2018

Sponsor

The Standard Bank of South Africa Limited