

LONG4LIFE LIMITED
(Incorporated in the Republic of South Africa)
(Registration number 2016/216015/06)
Share code: L4L ISIN: ZAE000243119
("Long4Life" or "the Company" or "the Group")

DIRECTOR'S DEALINGS IN SECURITIES

In compliance with Rules 3.63 – 3.74 of the JSE Listing Requirements, the following information is disclosed:

An executive director has exercised his rights in terms of the Conditional Share Plan (CSP). The remuneration committee has elected to cash settle these shares as provided in the CSP rules.

Executive Director:	Mr B Joffe
Date of transaction:	22 May 2020
Number of Long4Life shares accrued in terms of CSP awards:	1 181 250
Market value of shares:	R3 661 875
Class of shares:	Ordinary shares
Nature of transaction:	Off-market award and cash settlement of awards in accordance with Conditional Share Plan awards
Nature of interest:	Direct beneficial

Clearance in terms of paragraph 3.66 was obtained from the chairman of the Remuneration Committee.

Johannesburg
25 May 2020

Sponsor: The Standard Bank of South Africa Limited