

LONG4LIFE LIMITED
(Incorporated in the Republic of South Africa)
(Registration number 2016/216015/06)
Share code: L4L
ISIN: ZAE000243119
("Long4Life" or "the Group")

APPOINTMENT OF CHIEF FINANCIAL OFFICER

Further to the announcement released on SENS on 9 October 2018, shareholders are advised that in terms of section 3.59 of the Listings Requirements of the JSE Limited ("JSE"), Ms Mireille Levenstein has been appointed as an executive director of Long4Life with immediate effect and will assume the role of Chief Financial Officer of the Group with effect from 1 November 2018.

Ms Levenstein, a CA (SA), joined Long4Life on 3 September 2018 as a member of the executive team. Having spent 16 years as Chief Financial Officer of Paracon Holdings Limited ("Paracon"), a company previously listed on the JSE, Ms Levenstein has extensive experience in financial strategy, operational management and corporate finance. After the acquisition of Paracon by Adcorp Holdings Limited ("Adcorp"), Ms Levenstein also served as a director on the boards of several subsidiary companies of Adcorp. Prior this period, she was a partner at Grant Thornton.

The board welcomes Ms Levenstein to her new role and looks forward to her contribution to the Group.

Johannesburg
15 October 2018

Sponsor
The Standard Bank of South Africa Limited